

Weekly Questionnaire

Name _____

Date _____

Please circle the number corresponding to how you have felt about your relationship with your partner in the last week. (Items 1-4 from Funk & Rogge, 2007)

1. Please indicate the degree of happiness, all things considered, of your relationship.

Extremely Unhappy	Fairly Unhappy	A Little Unhappy	Happy	Very Happy	Extremely Happy	Perfect	
0	1	2	3	4	5	6	
		Not at all TRUE	A little TRUE	Some- what TRUE	Mostly TRUE	Almost Completely TRUE	Completely TRUE

2. I have a warm and comfortable relationship with my partner

0	1	2	3	4	5	
	Not at all	A little	Some- what	Mostly	Almost Completely	Completely

3. How rewarding is your relationship with your partner?

0	1	2	3	4	5
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4. In general, how satisfied are you with your relationship?

0	1	2	3	4	5
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5. Since the last session have there been (circle yes or no for each)

Any incidents of violence or destructiveness?	Yes	No
Any incidents/concerns involving alcohol or drug use?	Yes	No
Any major events or changes (e.g., losing or getting a job)?	Yes	No

6. What was the most important, positive interaction that you had with your partner since the last session? Jot down a couple of notes (e.g., discussion about kids, romantic evening).

7. What was the most important, difficult interaction that you had with your partner since the last session? Jot down a couple of notes (e.g., trust incident, disagreement about money).

8. Any upcoming events that could be challenging? Jot down a couple of notes (e.g., visit by in-laws, business trip, weekend away).

9. In this session, it would be most helpful to discuss (rank each; 1 is most and 4 is least helpful):

___ Positive incident above	___ Negative incident above
___ Upcoming event above	___ Issue of _____

10. Homework (if any)